



SCHOOLS BROCHURE

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MILLWALL COMMUNITY TRUST



Who are we?

The Millwall Community Trust (MCT) was founded in 1985 and strives to offer sports, education, social, and healthy lifestyle opportunities to the local community in Southwark, Lewisham, and beyond. Their programs are inclusive, serving people of all ages, regardless of race, gender, or sexual orientation. They focus on addressing social exclusion, racism, knife crime, youth unemployment, mental health, and disability issues.

We want to help improve / support

As educators, it's important to have confidence in our ability to provide top-notch physical education. Additionally, promoting a lifelong love of sports and PE among our students is crucial, as is prioritising their overall health and wellbeing. Moreover, providing opportunities for young people to develop skills such as teamwork, communication, and problem solving through PE can also positively impact their confidence in non-PE subjects like reading and math.



"Our school has started a social action project based on the success of the Premier League Primary Stars Reading programme. We listened to our students and realised the need to promote more friendships in the playground. As a result, we have tasked our school council, alongside Emily, to lead this project. They have decided to install a buddy bench where children can support their peers who may need help. This is a positive step towards fostering a more inclusive and supportive school community."

Derrick Ogunsola, Ilderton Primary School Headteacher

PE and Sport

PE Delivery

We provide exceptional physical education classes for students of all ages, covering a variety of sports. Our goal is to motivate and encourage students to build their confidence in physical activity. Our lessons are aligned with the national curriculum and can be customised to meet the specific requirements of your school. We also offer specialised physical education programs for students with special educational needs and disabilities.

Our team of expert sports coaches can provide breakfast, lunch, or after-school clubs tailored to your preferences. Simply select the sport, class, and duration you desire, and we will deliver the sports and activities that suit your needs.

Tournament and Festivals

During the academic year, we deliver free tournaments open to both both girls and boys in partnership with the Premier League and EFL. We also provide bespoke, complete school festivals at different price points. If you have a particular occasion in mind, please feel free to contact us as we are capable of meeting your requirements.

Teacher Support / PE CPD

All of our coaches are experienced and well equipped to deliver high quality teacher support in PE, sports or in the classroom. Feel like you may need additional help when teaching PE? Or how about a coach who can also support as a teaching assistant / learning mentor within the lessons? Let us know your school's needs and we can deliver a specialist offer for you.





Extra Support

Assemblies / Workshops

We offer customised assemblies and workshops on various topics and recognise important occasions such as Black History Month, Pride, and Mental Health Awareness Week. Please don't hesitate to contact us with any specific requests.

Social Action Projects

We partner with students to address important topics, educate them, and guide them towards taking action to effect change. These student-led projects are conducted within the school and are perfect for engaging the school council.

Educational Activations

We organise unique events that use football to make learning about Math, English, and PSHE more engaging. Our sessions encourage collaboration in small groups and inspire children to explore new subjects.

Mentoring

MCT provides personalised assistance to children, including one-on-one sessions, classroom support, and mentoring. Our goal is to improve conduct, boost confidence, and serve as positive role models, both in and outside of the classroom.



Classroom Support

PSHE

This intervention spans six weeks and involves interactive workshops with small groups to enhance children's comprehension of personal skills and values. The program also imparts knowledge on the children's resilience, self-esteem, inclusion, and communication.

Maths

This six-week program is designed to enhance children's math skills through interactive workshops and classroom support in small groups. We utilize football-related resources to make mathematical concepts more engaging and easier to comprehend, ultimately boosting their confidence and competence.

Literacy

Our literacy intervention program is a 6-week endeavor that centers on interactive workshops for small groups, the entire class, or in-class literacy support. Created by the National Literacy Trust in collaboration with the Premier League, the program is aimed at improving children's reading and writing skills.

Small Group Work

Our tailored small-group sessions are crafted to cater to the unique needs of schools. We provide assistance to small clusters of students (usually 2-5) in enhancing their academic performance or behavior.



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Joy of Moving

This programme, supported by the EFL, is aimed at Year 5/Year 6 students and requires the participation of at least two classes. It spans over six weeks and comprises of two 45-minute sessions per week, half of which is spent indoors and the other half outdoors.

The Joy of Moving activities and games are specifically designed to encourage children to adopt an active lifestyle. Through play, they learn to derive pleasure from movement and develop healthy habits that will benefit them in adulthood. Various handouts and resources are provided to both teachers and students throughout the program.

We also host school-wide Joy of Moving festivals where pupils are led by coaches from the Millwall Community Trust through fun activities and challenges. Schools that participate stand a chance to win the EFL annual kids cup, with the winning team having the opportunity to play as a Millwall representative team in a national final.



The Joy of Moving Schedule

Week 1	Week 2	Week 3	Week 4	Week 5	Week 6
Physical Activity	Body & Mind	Eatwell Guide	Meal Planning	Hydration	Joy of Moving
Week 1	Week 2	Week 3	Week 4	Week 5	Week 6
Handball	Handball	Dodgeball	Dodgeball	Football	Football

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Additional Benefits

Matchday
Tickets

Player
Visits

Stadium
Tours

Entry to
Tournaments

Premier
League
Resources

Links to
MCT
Pathway



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Our Packages

Activities	Bronze	Silver	Gold
PE Delivery	✓ (One Hour per week)	✓ (Up to Three Hours per week)	✓ (Up to Six Hours per week)
Extra Curriculum Activities (Breakfast, Lunch and After-school)	✓ Half a day of two activities	✓ One full day of all activities	✓ Two full days of all activities
Joy of Moving (Year 5/6)	✓	✓	✓
Intervention Session (English, Maths and PSHE)		✓ One Class Per Term - Six Weeks of Each	✓ Two Classes Per Term - Six Weeks of Each
Workshops/ Assemblies/ Activators	✓	✓	✓
Teacher CPD	✓ One Teacher Per Term	✓ One Teacher Per Term	✓ Two Teachers Per Term
Millwall Tickets		✓ (One Class)	✓ (Two Classes)
Stadium Tours		✓ (One Class)	✓ (Two Classes)
Tournaments (EFL, Primary Stars and MCT)	✓	✓	✓
Cost	£3,000 For half a day per week	£6,000 For one full day per week	£11,000 For two full days per week

*The details above are suggestions and delivery can be tailored to meet the needs of your school.



Bespoke Packages

School Programmes	Benefits/Skills/Curriculum links	Price Per Hour	Half Day Support £90	Full Day Support £150
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Activities linked to PSHE Core theme: Health and Wellbeing, P.E National Curriculum

Breakfast 'Wake and Shake'	Improve attendance, punctuality and increase physical activity levels (group games, multi skills)	£30	✓	✓
Organise and Lead Afterschool Activities / Clubs	Improve physical activity and participation opportunities. Sport specific skills	£30	✓	✓
Support School Sports Teams	Professional coaching and development	£30	—	✓
Playground Games / Sports at Lunchtimes	Improve pupil behaviour, increase physical activity levels	£30	✓	✓

(Intervention Groups) Activities mapped to English and Maths national curriculum objectives

Classroom Coaching (teaching assistance)	Literacy/Numeracy support	£30	—	✓
PSHE / Healthy Living Sessions Premier League PSHE Assemblies / Protect the Planet / Anti-discrimination	Work with pupil voice to create social action projects/ deliver key messages	*	✓	✓
Premier League Reading Stars, Writing Stars / Magazine Stars	Targeted literacy support	£30	✓	✓
Active Maths Programme / Maths Attax	Improve numeracy skills	£30	✓	✓
1-1 Mentoring	Regular informal meetings around behaviour, engagement, motivation	£50	✓	✓
Joy of Moving Programme	Learning the importance of physical activity and a balanced diet	*	—	✓

P.E National Curriculum, improved physical literacy: developing fundamental movement skills

Team Teaching within PE Lessons	Staff CPD, sports specific skills	£50	✓	✓
Lead PE lessons	PPA Cover, sports specific skills	£50	✓	✓

Millwall Community Trust



Contact Information

For more information or to book please contact:

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